

## LIVING ON THE EDGE

-----a tryst with life

We humans are always waiting for something to happen in our life and then we decide to make ourselves feel happy. Happiness is a state of mind which we can choose to have all the time. It is our social conditioning that decides when we should be happy or sad. It tells us that getting good grades in school and college, becoming a doctor, lawyer, engineer, chartered accountant, etc are more important than being good and truthful human beings. It tells us that marriage and child birth are occasions to be happy and essential and hence we find pride in becoming the second most populated country in the world. We are conditioned to portray to the world that we are rich and affording when we cannot even make ends meet. We choose to starve ourselves but are ready to buy luxury items like plasma TVs and Hyundai Santros and the Blackberry mobile because its fashionable or the in thing on credit and then spend our whole life paying the credit. Why do we want to make the Credit givers richer ten times by the day and companies manufacturing these luxury items richer twenty times by the night at the cost of our hard earned money???? We are told that men should be strong and not cry and hence the men of our country wear pseudo faces of bravery and fake strength and resist taking assistance of friends, family or doctor till they are pushed to their living edge. Are we not polluting the world by our reckless use and abuse the environment and if there is a calamity we blame GOD for it.

WHY??WHY?? Why do we do this to ourselves? Why do we choose to torture ourselves and then blame GOD for all our miseries? Why the blame goes on GOD in the end where we ourselves can change the way we live and think and most importantly act. We need to ask ourselves and the people around us all these crucial and vital questions and then introspect deeply and then decide what do we want for our lives and for the people around us. Then we need to start taking the right actions and steps within our capacity to make this world a better place to live in for ourselves, our loved ones, our future generations and other living and non-living creatures. ***We need to stop living on the edge and start living a fuller and freer life.*** It is within our capacity and hence stop blaming and start acting. Our small mindful steps and actions can make this world a better place to live in.

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