

Life is like that!

By M.V.Ruparelia

Life is like `this` or `that` but what is Life itself? Life is a continuous series of experiences, each one of us get from childhood onwards. Every one's experience is different and as such Life is like `this` to some and like `that` to others! The experience of children of the same parents staying at the same place, in the same family, same locality, same country is different. Every one on earth has different experience and is therefore unique. The type of experience one gets determines the nature of his life. The atmosphere, environment, happenings etc differ from time to time and place to place and as such every one gets different experience and based on these experiences behaves differently and indifferently! Same person does not behave similarly at all times! It is your World! It is as you see & perceive. You see it differently at different times! ``Tunde Tunde Matirbhinna`` Every one thinks & behaves differently.

We all human beings have similar physical bodies made of five elements, having five organs of perception (eyes, ears, nose, tongue, skin) and five organs of action (hands, feet, speech, genital organ and the organ of evacuation). Each individual, however, looks at Life differently as per experiences, he gets. The same World provides different and distinct visions to different people depending on how his mind & intellect projects them as per their past experiences.

The goal of Life is absolute happiness. Many believe that happiness lies in sense objects and they strive to acquire as much as possible wealth to get all luxuries of life! Their aim is to enjoy 3 Ws- Wealth, Wine & Women. To-day, Science & Prosperity have brought so many luxuries in human life that there is nothing, which is not available by spending money! Best of the foods, fruits, clothes, shelters, facilities of transport, communication etc etc are available in plenty. Society has become very free in all respect due to liberal & free thinking in name of Human Rights, Women Lib, World Culture etc. and many people forget their original culture and live as they like without even bare necessary restrictions required for smooth functioning of a Society. Money earning is the only goal and money is otherwise also available easily & in plenty through various loans and hence many live life that way! Some believe that happiness lies in achieving/realizing God! Such people live modest and high moral life and look after their family, society & country by doing social/religious service, giving donations, creating Trusts for help to needy etc. Some build temples, mosques, churches etc also for benefit of people. Many of the lower Middle class & poor pass their life continuing to struggle for livelihood. Some are happy-go-lucky, some sober, some extrovert, some introvert-varieties of human beings! This is the outer portion of life.

Inner portion of life is-Living in the Present and enjoying every moment of life!. Unfortunately for the Human Race, which is the only Creation having intelligence & discriminating power, most of us do not live Life at all! Even while at leisure, while going for morning or evening walk, many neither enjoy walking nor nature around them! We do not look at vast sky before us nor greenery around us, even while walking in gardens! We see few steps ahead and that too mechanically and remain busy (!) in our thinking of the past or the future! Even while doing Yoga or Meditation, many hardly get

involved in what they are doing but remain busy in thinking!! While eating, many watch TV and do not enjoy eating. While watching TV also, we go on thinking & thinking! Is there any moment, when we are with ourselves and not thinking! Thoughts have no value till they are accepted & acted upon, then why do we waste our Life in remaining busy in thinking instead of remaining with ourselves and enjoy each moment of our Life? Life is really beautiful! Let us strive to live in Present, as what we do in the present shall be our Future! For our Future Happy Life, we must live our present Life peacefully & usefully-peacefully by controlling our thinking & usefully by serving our fellowmen.

On the other hand, we do not think, when necessary! We act without thinking most of the time. Many are hypocrites and speak one thing, do another thing at every stage, without thinking and realizing as to what they are doing. We tell our children to do what we tell them and not to do what we do. We react immediately for anything & every thing instead of acting after proper thinking and decision. We criticize others without much thinking and consideration. Just as Camel having all the 18 limbs twisted/crooked but criticizing every animal having only 1 or 2 limbs twisted, we go on criticizing others! We oppose for sake of opposing without thinking properly. We follow many things blindly without thinking properly. We act without proper thinking most of the times as per our own Pride & Prejudices, unfounded beliefs, mental blocks etc.

According to Scriptures, the quality of THOUGHTS can be changed by following the path of Devotion (Bhakti), the quantity by pursuing the path of Dedicated Action (Karma Yoga) and direction by pursuit of knowledge (Gyan Yoga). All the three are to be followed sincerely.

In Life, What is Right? What is Wrong? Nothing is Right, nothing is Wrong! It is our perception based on accepted experiences that makes things/matters Right or Wrong! In view of this position, one must live Life King Size, peacefully, pleasantly and usefully. Let others also live according to their own perceptions without creating unpleasant atmosphere around by reacting, blaming, criticizing, opposing etc! You are Your God! You are Your World! You are Your Life!! One should do good to others and raise oneself so lofty that even God may peep in from sky and ask thee thy motive!